

April 29, 2026 – God’s Promises for Your Every Need

Theme – What To Do When You Feel Angry

Anger – Feeling resentment; provoked; a strong feeling of displeasure and belligerence aroused by a wrong; wrath

¹⁹ And it came about, as soon as ^[a]Moses approached the camp, that he saw the calf and *the people* dancing; and Moses’ anger burned, and he threw the tablets from his hands and shattered them to pieces ^[b]at the foot of the mountain. ²⁰ Then he took the calf which they had made and completely burned *it* with fire, and ground it to powder, and scattered it over the surface of the water and made the sons of Israel drink *it*. ²¹ Then Moses said to Aaron, “What did this people do to you, that you have brought *such* a great sin upon them?” ²² And Aaron said, “Do not let the anger of my lord burn; you know the people yourself, that they are ^[c]prone to evil. ²³ For they said to me, ‘Make ^[d]a god for us who will go before us; for this Moses, the man who brought us up from the land of Egypt—we do not know what happened to him.’” **Exodus 32:19-23**

¹⁵ So they came to Jerusalem. Then Jesus went into the temple and began to drive out those who bought and sold in the temple, and overturned the tables of the money changers and the seats of those who sold doves. ¹⁶ And He would not allow anyone to carry wares through the temple. ¹⁷ Then He taught, saying to them, “Is it not written, ‘My house shall be called a house of prayer for all nations’? But you have made it a ‘den of thieves.’” **Mark 11:15-17**

1. Why do you think Moses’ anger burned with Aaron and the Children of Israel?
How would describe Jesus’ anger
2. When you experience anger do you feel in control or out of control?
3. Read today’s verses on **What To Do When You Feel Angry** on pages 105-107.
4. How do we know if our anger has become sinful?
5. What do you think is one of the important things to help keep anger in check? As you consider the scriptures on anger do you see a themed caution with these verses?